

E4S1 (Equipping for Service)



GAP YEAR Information

World Horizons is a pioneering mission movement operating in 'unreached' parts of the world – places where there are no established churches, or very few Christians. On the World Horizons Gap Year, trainees get a chance to be world changers, taking the message of God's love to those who have never heard it!

The World Horizons Gap Year programme offers:

1. **E4S1**: an intensive period of **Preparation** for mission, team and faith, followed by
2. A 6-month overseas **Placement** working alongside existing teams in communities around the world.

- **Rough Timeline for the Gap Year**

E4S1	Mid- Sept to beg of Dec 2011
Month Off - see family, friends, church & earn money if required	Dec 2011
Final Placement Preparation week	Beg of Jan 2012
Placement	Mid Jan – Mid July 2012
Celebration Week - includes team & personal debriefing	Mid July for 1 week
Gap Year Open Day	Mid July – at end of Celebration week

- **The Application Process**

We welcome applications for our Gap Year programme from people of all ages - individuals, married, and families, too! If you have not already received an application form, just contact us and request a **Gap Year Application Pack**.

Upon receipt of your application, we will apply for references. Providing they are satisfactory, you will then be called for an interview. Please apply as early as you can so that we can process your application and book your place on the course.

To get more details about World Horizons, or the Gap Year, or to arrange to visit the World Horizons UK base before applying, please get in touch. We would love to hear from you!

- **Kit List**

Before you start to pack your bags please be aware that you will be living in shared accommodation so space for personal possessions is limited. Before we travel you will need to empty your room and storage space is limited. You will need to be able to comfortably carry or pull along your own kit when we are travelling.

At the North Dock Centre you will need:	For your studies you will need:
A few changes of clothes	Bible, notebook and pens
A smart (nice) outfit for going out	Dictaphone/MP3 (with 'record' for language learning)
Travel alarm clock	If you have a laptop, you may bring it
Towels	For practical work you will need:
Toiletries	Old clothes you don't mind getting paint on

At the North Dock Centre you will NOT need Bedding

For outdoor pursuits you will need:		Optional Extras you may need:	
Old trainers (tennis shoes)		Bike (for use around the Llanelli area)	
Comfortable clothes (not jeans)		Good books to read	
Fleece/warm jumper (sweater/sweatshirt)		Camera	
Cagoule / rain jacket		Sunglasses	
Walking boots/trainers (tennis shoes)		Swimming gear (no bikinis!)	
Warm hat		Small flask (thermos)	
Sleeping bag (compact if possible)		Cards/small travel games	
Water bottle (1 litre capacity)		Musical instruments	
Torch (flashlight) & spare batteries		Ear plugs (useful in dormitories!)	
		Flip-flops for around Centre	
		Sun cream (sunscreen)	
		Small sewing kit	

For your personal medical kit we recommend:		For travelling you will need:	
Plasters (band-aids)	Antacid tablets	Rucksack (backpack) or pull along case	
Antiseptic cream	Sterile wipes	Small rucksack/bag for everyday use	
Crepe (ace) Bandages	Anti-Allergy Tablets	Headscarf (for women)	
Lip salve (chap-stick)	Headache tablets		
Throat lozenges	Any personal medication		

Special note for what to wear in and around the North Dock Centre

The Centre is constantly used by people of many different nationalities and backgrounds. Please feel free to express yourself in your choice of clothes but also please take care not to offend. E.g. for women; no low-cut tops or midriffs showing and for men; please keep your shirts on.

As the Centre is used for both residential and working purposes, you need to take care when passing through communal areas to be dressed i.e. not wearing just a towel. Please bring either a dressing gown or an easy to wear outfit such as jogging trousers and T-shirt to wear on your way to and from the bathrooms, or when nipping into the kitchen for a drink in the morning for example.

You may find it useful to bring a pair of flip-flops for wearing indoors. Slippers are fine but not in lectures or meetings.

There is a self-service, coin-operated laundry on site, so you will be able to wash clothes.